



TEGHAN MENDES

WINGER/STRIKER | #22 FOOTHILLS 17 GIRLS

OBJECTIVE

To play post-secondary soccer
obtaining a degree in a faculty
TBD.

PHYSICAL TESTING

120 lbs, 5'7"

UPCOMING EVENTS

2019 SX Cup College/University
Showcase April 19-21, Surrey BC

2019 BC SPL University Showcase
May 24-26, Kamloops BC

REFERENCES

TROYE FLANNERY

Girls Academy Director
Calgary Foothills Soccer Club
403.258.3000
troye@gfoothills.ca

COLIN MACKAY

Coach
Calgary Foothills Soccer Club
403.681.6805

PLAYING EXPERIENCE

CALGARY FOOTHILLS SOCCER CLUB • FOOTHILLS 17 • 2016- PRESENT

CMSA Outdoor Provincials- U17 3rd Place, 2018
Desert Classic, Phoenix- U16 Gold Division 1st Place, 2018
CMSA Fall Cup- U16 1st Place, 2017
CMSA Outdoor Provincials- U16 2nd Place, 2017
CMSA Winter Classic- U18 1st Place, 2017

CALGARY WESTHILLS UNITED SOCCER CLUB TIER 2 • 2013 - 2016

CMSA Outdoor U14 Provincials - 1st Place, 2013

BISHOP CARROLL HIGH SCHOOL SR. SOCCER TEAM • 2017 & 2018

City Finals Div 1, 1st Place, 2018
City Finals Div 1, 2nd Place, 2017

EDUCATION & LEADERSHIP

CURRENT GRADE 11 STUDENT • BISHOP CARROLL HIGH SCHOOL

88% Average

Multisport Athlete (Senior Soccer Team 2017-2018; Junior
Volleyball Team 2017-2018; Junior and Senior Basketball Team
2017-2018; Rugby Team 2018 (will play 2019); Track and Field Team
2018 (will participate 2019))
Female Athlete of the Year 2018
Athletic Leadership Team 2017-2019
Youth Leadership Conference 2018 (will attend 2019)

VOLUNTEER

Westhills United Grassroots Soccer Coach 2013-2014
Sunwest Ministries- Missions Volunteer in Tijuana, Mexico- Built
houses for underprivileged – March 2018 and 2019