



Foothills Grassroots Soccer FAQ'S

What is Foothills Grassroots Soccer?

Foothills Grass Roots Soccer is the U5-U8 age group of soccer. The program is community based and played within the communities. We currently have programs, and partners with Canyon Meadows, Deer Park, Deer Valley, Auburn Bay, Cranston and New Brighton.

How can I register for Foothills Grassroots Soccer?

Please visit www.goothills.ca, and click "Register Now" and complete the online registration. For late registrations, please contact foothills@telus.net or 403 225 9388, and a late registration link will be provided if we have room in the Grassroots program at that time.

When will the program be run?

The Foothills Grassroots program will run from October 2011 through until February 2012, in which the players from U5-U8 will play 2 times a week

Where is the program located?

The program will be played in gyms within your community or surrounding area, if you live outside one of the listed communities, you will play to the closet community to you, unless a special request is made.

What is included in the cost of the Program?

All Players will receive a jersey, shorts and socks for the season that they are able to keep after the season is complete. Foothills Grassroots Team and Individual Photos, Grassroots Medals, Jamboree and other fun events are all included with the program.



When is the program played?

We offer different days for the different programs and 4 different playing dates:

- U5 and U6 House League will be played in Deer Park Community and Auburn Bay/New Brighton Community
- U6 CMSA League will be played in Deer Park/Canyon Meadows Gyms for practice, and Calgary Soccer Center for games
- U8 House League will be played in Deer Park Community and Auburn Bay/New Brighton Community
- U8 CMSA League will be played in Deer Park/Canyon Meadows Gyms for practice, and Calgary Soccer Center for games

Question: My child is new to soccer; can I volunteer to coach my child's team?

We are always looking for volunteer coaches. We will form teams based on number of players registered. You will receive an email from us at the close of registration if you will be head coaching a team. You must "volunteer" as a coach or assistant coach at the time of registration under the volunteer section, as this will help Foothills soccer assign coaches to the teams.

Who are the coaches?

Our coaches are parent volunteer coaches who have stepped up to help run a volunteer based program. The teams will be coached by Parent volunteers. We offer Junior and Senior Foothills technical trainers as well to support team coaches, and help with structured coaching sessions.

Are their coaching clinics or coaching education seminars?

Yes, we offer ALL of our coaches, education, resources and clinics at NO COST. We want to provide a support system for all our parent coaches. We will offer 2 clinics per season, and they are hosted by well educated, experienced soccer instructors.



What team is my Child on?

Your child will be placed on a team by Foothills Soccer club. Foothills soccer will randomly pick the teams for the U5-U6 programs, and for the U8 program. Foothills will ensure the teams are balanced. The team rosters will be emailed out directly to the Foothills Grassroots membership the week prior to the first game.

What if my child wants to play with a friend?

Special requests for your child to play with a friend or neighbor must be made at the time of registration. It must be done online through the registration process. Phone calls and emails will NOT be accepted.

What equipment will I need?

Each player will be required to bring indoor shoes (running or soccer), shin guards and drink (water/sports drink). Uniforms, Shorts, and socks will be provided by the club for the U5-U8 age groups.

Should I shout instructions to my child during a match?

NO Don't do it! Coaching from the parent sidelines will only distract the players. Let your child's coach handle the coaching. The coaches have information and instructions from the Foothills soccer club, through the Grassroots coaching clinic. Please leave the coaching to the parent volunteer coaches that have stepped up to take on this role.