

# Spring Training Camp 2008



## Introduction

In order to play at Calgary Foothills for the outdoor season of 2008 all players must attend Part 1 and Part 2 of the Spring Training Camp. Part 1 of Spring Training Camp consists of player evaluations that are used to place each player on a Foothills team. Part 2 of Spring Training Camp consists of pre-season training activities which may involve pre-season exhibition games and in-house small-sided games.

Player evaluations take place on a team-by-team basis. Players must decide which team they would like to try out for, and then they must attend the player evaluations for that team. Please see *Player Evaluation Dates* on the club website for information on dates, times and locations.

### Part 1 – Player Evaluations: March 3 - April 11

Player evaluations are divided into three phases. Phase 1 is for Level 1 teams (top premier 1/2), phase 2 is for Level 2 teams (premier 2/3) and phase 3 is for Level 2 teams (premier 3/competitive). Phase 1 is complete by March 13<sup>th</sup>, phase 2 by March 20<sup>th</sup> and phase 3 by April 10<sup>th</sup>. There are no evaluations from March 20<sup>th</sup> to 30<sup>th</sup> due to school breaks.

### Part 2 – Pre-season Training: April 1 - May 3

Pre-season training for Premier teams begins in early April. Competitive teams and U10 teams begin in mid-April.

## Frequently Asked Questions

### 1. What is the objective of the Spring Training Camp?

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The objective of the spring training camp is to train and observe players in game and practice situations for the purposes of determining team rosters and preparing teams for Outdoor 2008. Spring training camp consists of player evaluations and pre-season team activities.

### 2. How do I get placed on a team at Foothills?

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#### Step 1: Register with the club.

- ✓ Each player must register with the club to gain admittance to any training camp.

#### Step 2: Choose a team training camp that is suited to your individual goals and abilities.

- ✓ An overview of each team program is provided on the club website under *Trying out at Foothills*.
- ✓ Players are advised to speak to their current coach if they have questions about which team training camp they should attend.

#### Step 3: Note the date, time and location of Training Camp # 1 for the team training camp you wish to attend.

- ✓ Arrive at least 15 minutes early and check in.
- ✓ Wear appropriate clothing and equipment (many of our camps are in gymnasiums).
- ✓ Bring a water bottle.
- ✓ At the end of Training Camp # 1 you will be told what training camp you should attend next.

#### Step 4: Attend the next training camp to which you have been assigned.

- ✓ At the end of each training camp you will either be assigned to a pre-season team, or advised to attend another training camp.

#### Step 5: Attend the pre-season training activities for your pre-season team.

- ✓ You will continue to be evaluated throughout the pre-season.
- ✓ Final roster changes may be made as needed in the pre-season and early season time period.

**IMPORTANT:** It is the goal of the Foothills Club to ensure that each player is assigned to a team that is suited to the player's abilities and commitment. *Following the pre-season we may move a player to a different team if we notice that the player has been placed at an inappropriate level of play in the opinion of our coaches and technical directors.*

### **3. What is a pre-season team?**

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A pre-season team is a team that has been assembled following evaluations. Pre-season teams participate in a number of activities that may include practices, exhibition games, and tournament play during the pre-season (the period of time between evaluations and the start of the CMSA season).

### **4. Why does Foothills have pre-season teams?**

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Pre-season teams provide time for the club to make sure that team selections are accurate. Clubs have very little time to host try-outs so it is important to use the pre-season period to "double-check" team selections.

### **5. Could a player be moved from one team to another during the pre-season?**

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Yes. Every year there are new players who come to the club. Because we only have time to host two evaluations per team it is possible that we could make the occasional mistake. The pre-season time period allows us the opportunity to amend any errors we have made. Players may also be moved after the start of the CMSA season in exceptional cases.

### **6. Can I appeal my team placement following evaluations?**

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Yes. Simply complete a Player Placement Appeal form and fax, mail or drop it off to the club office at Family Leisure Centre. The Foothills Technical Committee will meet to discuss all appeals on Tuesday, April 22. **Absolutely no telephone calls or e-mails will be taken regarding player placement appeals.**

### **7. How are players evaluated at Foothills?**

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Current Foothills players are evaluated throughout the season by team coaches and technical directors. New players are evaluated during Part 1 of training camp and again during Part 2. In general we are looking at four main components when we evaluate or scout a player: technique, athleticism, game awareness, and attitude.

### **8. Do you evaluate goal-keepers in a separate set of evaluations?**

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We evaluate keepers in separate evaluations in September each year on outdoor pitches. If a keeper comes to us in March or April for the outdoor season we do not hold a separate set of goal keeper evaluations. In the spring we evaluate goal-keepers more in Part 2 of Spring Training Camp (pre-season training) where we can observe them in outdoor game situations rather than in a gymnasium setting.