



The Foothills Way



A Tradition of Excellence

Since 1972



Academy Staff



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Technical Director



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Assistant Technical Director



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Academy Coach



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Skills Coach



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Academy Coach



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Academy Coach

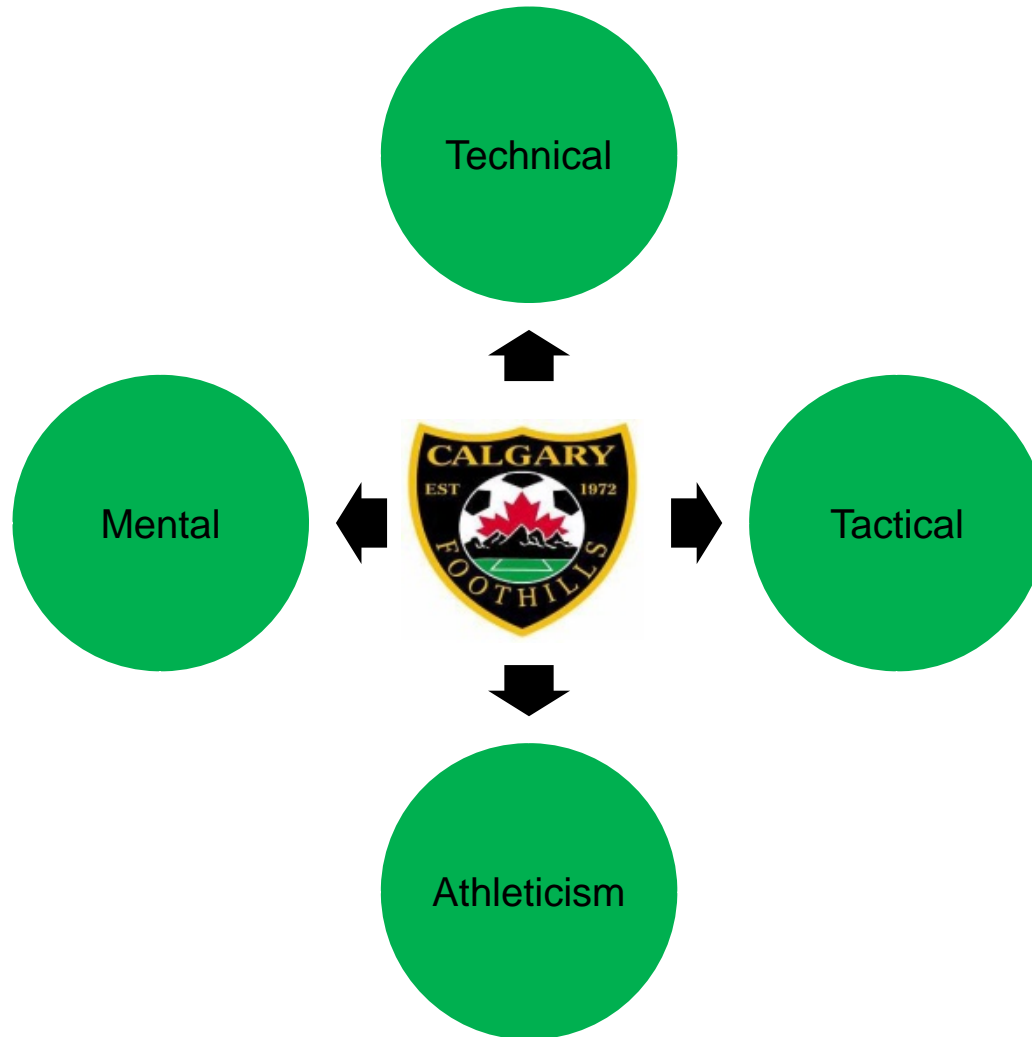


Kevin Doyle
Head of Goalkeeping



JP Creszenzi
Goalkeeper Coach

The Four Corners Of Player Development





The Development Program Chart

U6	→ U8	→ U10	→ U12	→ U14	→ U16	→ U18	→ Adult
CMSA	CMSA	Tier A	Div 1/2	Div 1	Div 1	Div 1	College
House	House	Tier B	Div 2/3	Div 2/3	Div 2/3	Div 2/3	Senior
		Tier C	Div 3/4	Div 3/4	Div 3/4	Div 3/4	
			Div 4/5/6	Div 4/5/6	Div 4/5/6	Div 4/5/6	

Key:



= **Adult Soccer:** Players will enter either the College or Senior system (or both)



= **FCOE:** U14-U18 elite teams in each single age group



= **Development Academy:** U14-U18 second & third tier teams in each single age group



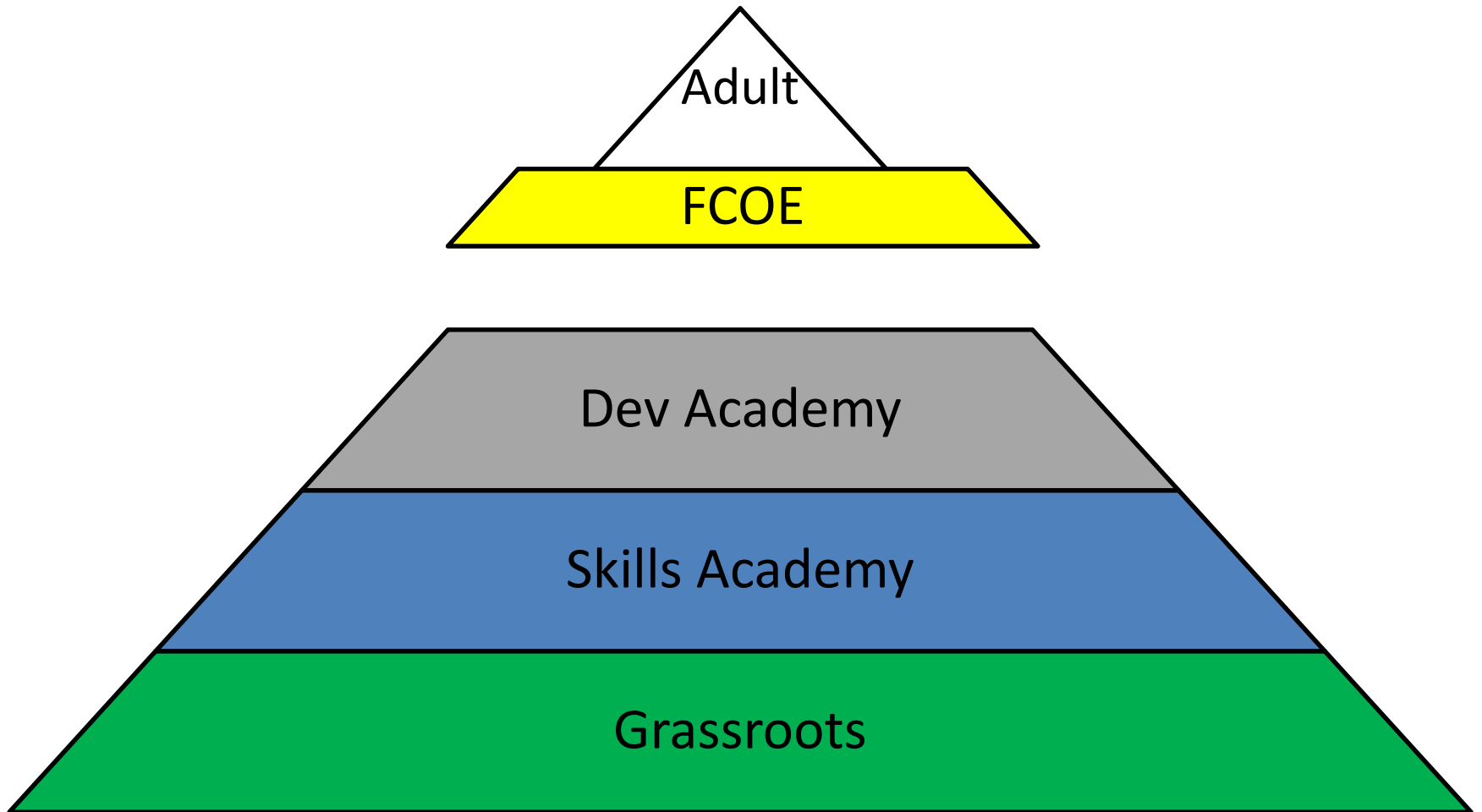
= **Skills Academy:** U10 & U12's (all tiers)



= **Grassroots Program:** U6/U8 + U12-U18 Divisions 4/5/6



The Development Pyramid



The Grassroots Program

Development Stage:

- U6 & U8 skills and small sided games programs
- U12-U18 recreational programs

Program Objective:

- *“To provide a positive environment that promotes fun and development through a small sided games program”.*

Commitment Level:

- Twice a week (on average) that will incorporate a skills development session and a game day.



The Skills Academy

Developmental Stage:

- U10 Tier A,B & C
- U12 (all tiers)

Program Objective:

- U10: *“To develop creative ball handlers who are confident and capable in any 1v1 situation with or without the ball”.*
- U12: *“To develop technically proficient players who are good decision makers equipped to go alone or combine with a team mate”.*

Commitment Level:

- U10: 3 times per week; 1 FREE Academy Skills session, 1 team session, plus 1 game per week.
- U12: 3/4 times per week (depending on tier), 1 Academy session, 1/2 team session(s), plus 1 game per week.

* NB – Elite U12 teams are eligible for additional skills/SAQ academy training.



The Development Academy

Developmental Stage:

- U14-U18 (Tier 2/3 Teams)

Program Objective:

- *“To continue to improve a player’s technical ability whilst introducing a basic tactical understanding into their game as we aim to promote players into the FCOE development pathway”.*

Commitment Level:

- 4 times per week; 1 Academy session, 2 team sessions and 1 game day per week.



FCOE

(Foothills Centre of Excellence)

Developmental Stage:

- U14-U18 (Tier 1 teams)

Program Objective:

- *“To refine a player’s technical ability whilst introducing a tactical component into their advanced level of play”.*

Commitment Level:

- 4 times per week; 1 Academy session, 2 team sessions and 1 game day per week.

** NB FCOE teams are eligible for additional SAQ and/or Trades (positional specific training).*



Adult Soccer

Program Objective:

“We aim to develop as many players as we can into the College scholarship route, the adult senior leagues and where possible, playing at the professional level. If we can help players gain an education using soccer as a vehicle, or promote a healthier lifestyle by players continuing to play soccer in their adult life, then their education through our youth program will have been a valuable investment”.

GK Training

Developmental Stage:

- U10-U18 Goalkeepers (from teams involved in Tier 3 and higher)

Commitment Level:

- 1 Goalkeeper specific session per week

