

The Role of the Team Captain

- Represent his club with pride, respect and leadership when requested
- Establish the game plan with the coach before the team meeting
- Coordinate the final team meeting before the game. Lead the player or pep talk or identify someone who would like to.
- Make sure all the players are on time for practice, trips, and games.
- Be the link between the players and the coach, when a player does not feel comfortable in coming directly to the coach for some specific reason.
- Lead the group for meals, meetings, rest time during the trips and in competition days.
- When on the field, take responsibility of leading the group to their best performance.
- Communicate when necessary and be the role model in terms of friendship and leadership.
- Especially provide the necessary patience and confidence to all the other team mates.
- Keep in constant contact with the coach during the game, requesting, and offering suggestions.